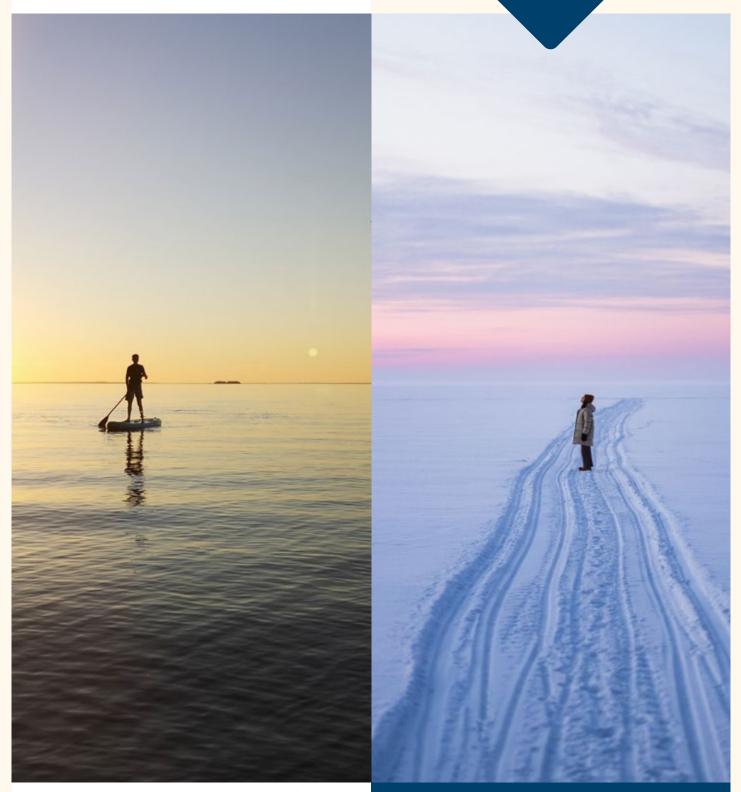
# Product manual



FOR TOUR OPERATORS



VISIT KAJAANI-OULUJÄRVI

ARCTIC LAKELAND





# Kajaani

Kajaani, the capital and gateway to Arctic Lakeland, is located between Lake Oulujärvi and Lake Nuasjärvi, and River Kajaaninjoki flows through the city. Here you can enjoy unique culture experiences in the junction of rich history and modern cultural life – and feel the touch of nature everywhere you go.

Get inspired by the magic of theater, be amazed by the power of arts and experience always something new in the current of events. Discover local flavors, numerous activities and memorable adventures that Kajaani offers around the year, on all four seasons.

The Kajaani airport is just a 12-minute drive from the city and the train station is located in the city center. Everything else is close too – accommodation, activities, nature, culture. You can spend your time experiencing and enjoying – instead of long transitions from one place to another.

Every visit is a plunge into the Kainuu spirit, where you can be sure to be greeted with genuineness and warmth, time and time again.

#### Welcome to Kajaani!

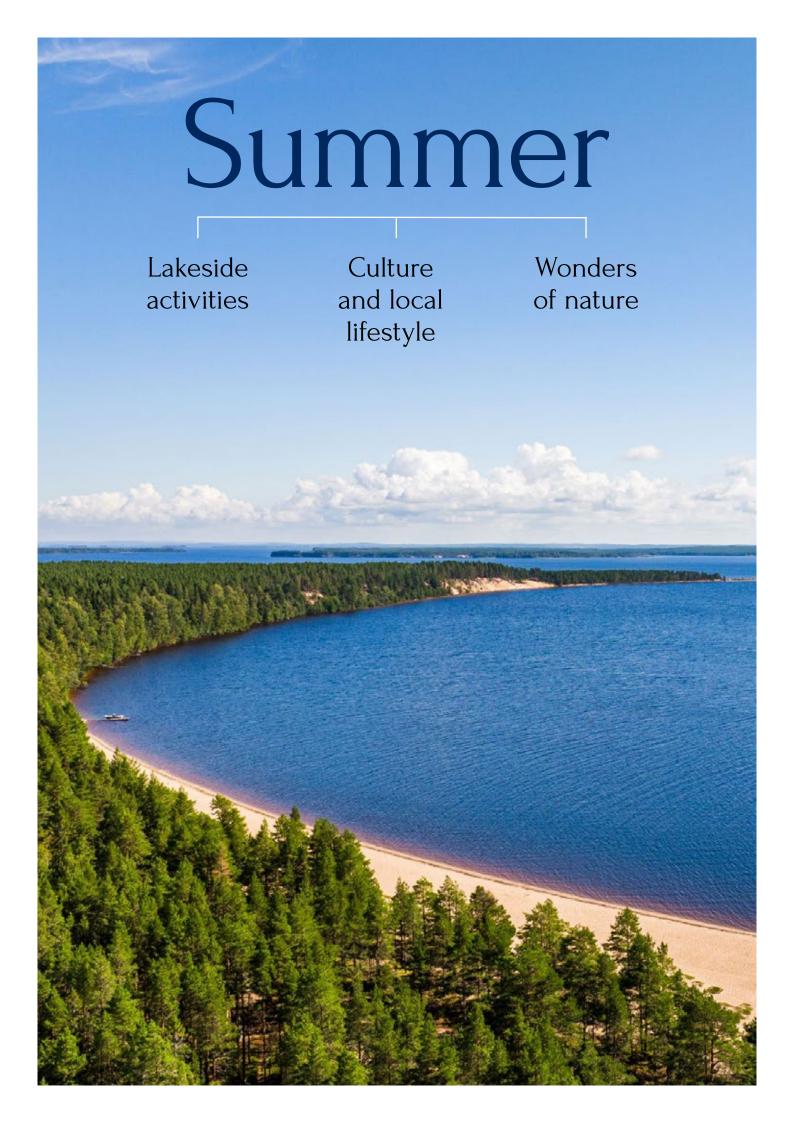
# Paltamo

Located near Kajaani, Paltamo offers beautiful landscapes differing from the vast Lake Oulujärvi to scenic hill of Kivesvaara, where you can experience the panoramic view across the region. Take a hike or a biking trip and enjoy the peaceful nature of Kainuu!

Due to convenient location among the lakes and rivers, Paltamo has been a part of the significant tar route from forests of Kainuu. Even nowadays Paltamo has two railway stations, which allows easy traveling. Being surrounded by natural waters, Paltamo also provides leisure opportunities such as fishing, canoeing and multiple public beaches for relaxing.

During summer season, one of the top activities in Paltamo is golf. On the shore of Lake Oulujärvi you can spend time on the 18-hole golf course, which is said to be the most beautiful in Finland. If you want to experience something unique, Paltamo is the home of Finland's northernmost toy museum, where the playful exhibition includes nostalgic dolls, stuffed toys, and sculptures through decades.

#### Welcome to Paltamo!





## History & culture

– Explore Kajaani's historic sites and museums Aurora hunting

### Enjoy ice activities

on Finland's 5th largest lake

#### Kainuu Museum Guided Tour



Kainuu Museum's permanent exhibition takes you through the history and culture of Kainuu from prehistoric times until the mid-1900s. The whole upper floor and the small gallery room downstairs have changing exhibitions with great variety. Our guided tours can be tailored to include the basic or changing exhibitions – or both.

Season: Year-round Group product: min. 2, max. 50 Duration: 45 minutes–2 hours Languages: English, Finnish Services available: Guided tour, Self-guided tour, Museum shop, Events Location: Asemakatu 4, Kajaani city center Website: www.kajaani.fi/en/culture-and-sports/kainuu-museum Contact email & phone: kainuun.museo@kajaani.fi, +358 44 710 0494

#### Kajaani Art Museum Guided Tour



Kajaani Art Museum offers an annual high-quality selection of both nationally and internationally interesting contemporary art and art history. Guided tours of the museum's current exhibition give you tips for making your own interpretations by providing background information on the works of art and artists. We can tailor tours to your needs.

#### Season: Year-round

Group product: min. 5, max. 25 Duration: 1 hour Languages: English, Finnish Location: Linnankatu 14, Kajaani city center Website: www.kajaani.fi/en/culture-and-sports/kajaaniart-museum Contact email & phone:

taidemuseo@kajaani.fi, +358 44 710 0545

#### Riihipiha Museum Guided Tour



Walk through history at Riihipiha Museum! Explore the Finnish rural life in Vuolijoki village before electricity. Visit buildings like the windmill and the tenant farmer's croft, and discover the craftsmanship behind the tools made out of simple materials. Contact us to tailor a tour that brings your group's interests to life!

Season: May–September for guided tours, June–August for independent visits Group product: max. 25 Duration: Tour duration 1 hour. Reserve 2 hours for a leisurely visit. Languages: Tours in English available by reservation Location: Kuusirannantie 67, Vuolijoki (35-minute drive from Kajaani city center) Website: www.riihipiha.fi/en Contact email & phone: info@riihipiha.fi, +358 44 976 7132

#### **Toy Museum Guided Tour**



Welcome to explore the exhibits at Finland's northernmost toy museum "Children of Yesterday" and "Toys Played With", located by the shore of Lake Oulujärvi in Paltamo. The displays are continuously updated, with new things to see all the time.

Season: June–October Group product: min. 10, max. 20 Duration: 1,5 hours Languages: English, French, German, Swedish Location: Golftie 3, Paltamo Website: www.meteliseis.com Contact email & phone: eija@homanen.com, +358 44 021 1907

#### Guided Walking Tour In The Center Of Kajaani



How and why was Kajaani founded? How have different centuries shaped Kajaani? During this walking tour, participants will learn about the origins, history, and present day of the nearly 375-year-old city of Kajaani.

Season: Available to order all year round Group product: min. 1, max. 25 Duration: 1,5 hours Languages: English, Finnish Location: Kajaani city center Website: www.visitkajaani.fi/en/service/guided-walkingtour-in-kajaani Contact email & phone: kajaanin.matkailuoppaat@gmail.com, +358 44 500 4471

#### Seminaari Art Campus



Seminaarin Taidekampus – Seminaari Art Campus is a cultural centre, a venue for performing arts and a cultural living room for everyone. Yearly events of our operators include performing arts, workshops, gigs, poetry slam, visual arts. We also have a cozy café and Leikkimö - free art and indoor playground for kids.

Season: Year-round Languages: English, Finnish Events: Performing arts, workshops, gigs, poetry slam, visual arts, check our website Location: Satamakatu 3, Kajaani city center Website: www.taidekampus.fi Contact email & phone: taidekampus@gmail.com, +358 440 62 6061

#### Kajaani City Theatre



Kajaani City Theatre is well-known for its ambitious and open-minded approach towards arts, society at large and manifestations of diversity in human experience with a special focus on issues relevant to the people in the region. The select plays are often Finnish novelties premiering in Kajaani. There are selected plays that you can experience with English subtitles, starting from Autumn 2025!

Season: Autumn, Winter, Spring Languages: Finnish (performances), service and subtitles also in English Location:

Kauppakatu 14 & Asemakatu 6, Kajaani city center **Website:** 

www.kajaaninteatteri.fi/teatteri/kajaani-city-theatre **Contact email & phone:** 

lipunmyynti.teatteri@kajaani.fi, +358 44 710 0454 kajaani.info@kajaani.fi, +358 8 6155 2555

#### Kaukametsä Culture Centre



Kaukametsä is well-known locally, nationally and internationally as a magnetic cultural and conference centre, that hosts annually numerous concerts, festivals, and dance events. The centre offers highquality meeting services and conference facilities – and a popular Civic Centre and Music Institute. The Kaukametsä area includes the Kaukavesi Aquatics Centre and Hotel Kajanus.

Season: Year-round

Languages: English, Finnish

Services available: Restaurant services, catering, versatile facilities, high-quality event technology Location: Koskikatu 2–4, just by the Kajaani city center Website: www.kajaani.fi/en/culture-and-sports/ kaukametsa-conference-and-cultural-centre Contact email & phone: minna.tuunainen@kajaani.fi, +358 44 710 0922

#### **Eino Leino House**



The Eino Leino -house is a tribute to one of the bestloved Finnish poets, Mr. Eino Leino (1848–1926). The house is situated at the mighty Lake Oulujärvi, where Leino was born and where he started his career, which spanned poetry, translations and journalism.

Season: June–August, other times please inquire. All group visits by advance reservation. Languages: English + German via Kajaani Tourist Guides Services available: Guided tour of the house, the exhibition and the environment. Refreshments to be reserved in advance. Location: Sutelantie 28, Paltaniemi (14-minute drive from Kajaani city center) Website: www.einoleinotalo.fi Contact email & phone:

einoleinotalo@gmail.com, + 358 40 088 1166

#### **Castle Ruins**



Built in the 17th century, the Kajaani Castle watched over the important waterway between Ostrobothnia and Russia. The castle that also protected the city of Kajaani, was blown up by the Russians in 1716 during the Great Northern War. The ruins have been protected and are one of the most important landmarks in Kajaani.

Season: Year-round, open 24/7 Languages: Information signs in English Location: Kajaani city center Website: www.visitkajaani.fi/en/service/kajaani-castle-ruins Contact email & phone: kajaani.info@kajaani.fi, +358 8 6155 2555

#### Paltaniemi Old Church



The 300-year-old church is known for its magnificent ceiling paintings that portray different biblical events. The appearance of this wooden, okra colored church is from 1840s and its bells were casted in the 17th century. The church is not only a very popular attraction, but there are also wedding ceremonies during the summer and church services.

Season: June-August Note:

Groups may also book guided tours outside the season Languages: English, German via Kajaani Tourist Guides Location:

10 km from Kajaani city center, Paltaniementie 851 **Website:** 

www.visitkajaani.fi/en/service/paltaniemi-old-church Contact email & phone:

kajaani.info@kajaani.fi, +358 8 6155 2555



The tar canal on the River Kajaaninjoki is the world's only still functioning tar canal, which makes it a unique attraction. Tar was one of Finland's most important export products from the 1500s until the late 1800s. The tar barrels were loaded onto boats and transported. You can see tar boat demonstration shows a few times a year in Kajaani.

Season: Year-round, 24/7 Languages: Information signs in English Location: Kajaani city center Website: www.visitkajaani.fi/en/service/kajaani-tar-boat-canal

**Contact email & phone:** kajaani.info@kajaani.fi, +358 8 6155 2555

#### **Poetry Week**



Kajaani Poetry Week (Runoviikko), founded in 1976, is the oldest and biggest festival in Finland specialized in poetry, recitation and theater, for the whole family. The programme consists of performances from many different forms of art as well as meet and greets and discussions with authors, and continues to be surprising, funny and current.

Season: Annually in the beginning of July Languages: Some English programs Location: Kajaani city center Website: www.visitkajaani.fi/en/kajaani-poetry-week Contact email & phone: minna.tuunainen@kajaani.fi, +358 44 710 0922

#### Melalahti Music Week



Melalahti is a beautiful historic village at Lake Oulujärvi. Melalahti Music Week offers classical and contemporary music, as well as folk music and children's music in picturesque surroundings in the hall of an old cooperative Lahtela.

Season: Annually in the beginning of July Services include: Lahtela Café open on concert days Location: Melalahdentie 27, Melalahti Website: Facebook-page Melalahden musiikkiviikko Contact email & phone: johanna.korhonen@verkkotie.fi, +358 40 510 5906

#### Ärjä Art Festival



The Ärjä Art Festival is a contemporary art event held entirely outdoors, adhering to the conditions of the Ärjänsaari Island nature reserve. At its core lies the future of our planet, with art and festival practices intertwined around ecological themes. Ärjä Art Festival is organized biennially on the Ärjänsaari Island in Lake Oulujärvi.

#### Season: Biennially in July

**Services available:** All the Ärjänsaari Island services are available during festival https://www.nationalparks.fi/arjansaari/services

**Location:** Ärjänsaari Island is located in Kajaani, in the vast stretch of Ärjänselkä in Lake Oulujärvi. The distance, as the crow flies, from the centre of Kajaani to the island is roughly 16 kilometres. There are boat harbours in the nearby areas: Ruunaniemi (3 km), Koutaniemi (7.5 km), Paltaniemi (17.5 km) and Kajaani Kalkkisilta right next to city center. **Website:** www.arjanfestivaali.fi

#### Contact email & phone:

vaarakollektiivi@gmail.com, +358 50 570 6577

#### Linnanvirta Festival



Linnanvirta Festival brings the whole city together for three days to celebrate the end of summer. The festival takes place in Castle Ruins area, including the parks by the river. There is always rich art program, live music, exhibitions, children's program, and much more. Food Festival area allows you to get the taste of local flavors

Season: Annually at the end of August Services include: City center's services are near, there is Food Festival are and public bathrooms Location: Rantapuisto Park, Kajaani city center Website:

www.visitkajaani.fi/en/events/linnanvirta-festival Contact email & phone:

kajaani.info@kajaani.fi, +358 8 6155 2555

#### Ärjansaari Boat Trip



Get on a boat and head out to the paradise-like Ärjänsaari Island! The clear blue waters, stunning sandy beaches and green forests are waiting for you. You can spend the day swimming, standup paddleboarding, kayaking or just enjoying the beautiful Northern natue – and you can also stay the night. The trip can be adjusted according to your wishes.

#### Season: Summer

Group product: min. 3, max. 30 Duration: Boat trip 10 minutes / one-way Languages: English, Finnish Services available: Summer café in Ärjänsaari Island, equipment rental, camping, rental cottages, sauna Starting location: Ruunaniemi port, Ruunaniementie 70 Website: www.luonnollisesti.fi/en/transportation-to-arjansaari Contact email & phone: info@luonnollisesti.fi, +358 50 340 3013

#### **Steamship Cruises**



Experience a steamship cruise on River Kajaaninjoki or a day trip to the mysterious Ärjänsaari Island. Steamship Kouta is the northernmost steamship in Finland – and in the whole world. The ship and its original steam engine have been steaming since 1921. Enjoy the steamship atmosphere and the beautiful scenery of Lake Oulujärvi.

Season: May–October Group product: min. 20, max. 60 Duration: 1,5 hours Scenic Cruise / 7,5 hours Day Cruise to Ärjänsaari Island Languages: English, Finnish Services: Coffee/tea included; available extras soup lunch, and bar/small café on board Starting location: Kalkkisilta pier, near Kajaani city center Website: www.arcticlakecruise.com Contact email & phone: tilaus@oulujarviristeilyt.fi, +358 20 730 7390

#### Rehjansaari Island Boat Trip



Rehjansaari Island is a natural and beautiful destination just a few kilometers from Kajaani city center. Just like on Ärjänsaari Island, here you can also spend the day enjoying the peaceful nature or doing activities. You can also spend the night camping or renting one of the cottages.

Season: Summer Group product: max. 10 Duration: Boat trip 10 minutes / one-way Languages: English, Finnish Services available: Camping, cottages, equipment rental Starting location: Pyörre Farm, Kuurnantie 85 Website: www.luonnollisesti.fi/en Contact email & phone:

info@luonnollisesti.fi, +358 50 340 3013

#### **Kayaking Trip**



Let's go kayaking to Rehjansaari Island! On this guided trip we'll start from Pyörre Farm and paddle our kayaks to Lake Nuasjärvi following the shorelines. The naturally beautiful Rehjansaari Island is only a few kilometers from Kajaani city center. We'll go ashore on the island and take a break while enjoying a tasty snack.

Season: Summer Group product: min. 3, max. 6 Duration: 4 hours Languages: English, Finnish Services include: Snack, equipment, guide Starting location: Pyörre Farm, Kuurnantie 85 Website: www.luonnollisesti.fi/en Contact email & phone: info@luonnollisesti.fi, +358 50 340 3013

#### **Fishing Trip**



On this guided fishing trip, we'll get in a boat and head to Lake Oulujärvi to try our luck in trolling and angling – very traditional and popular fishing methods in Finland. Common fish in this lake are northern pike, pike-perch and perch. During this trip we will also go ashore on the magnificent Ärjänsaari Island to enjoy a delicious snack

Season: Summer Group product: min. 3, max. 6 Duration: 3 hours Languages: English, Finnish Services include: Snack, equipment, guide Starting location: Luonnollisesti Oulujärvi, Rikulantie 10 Website: www.luonnollisesti.fi/en Contact email & phone: info@luonnollisesti.fi, +358 50 340 3013

#### **Paltamo Golf**



Welcome to the most beautiful golf course in Finland! Located by the majestic Lake Oulujärvi, this golf course fulfills all your golf vacation needs. The quality accommodation options are just by the course and there is a lake view restaurant. There are tutorial lessons for beginners and groups.

#### Season: Summer

Languages: English, Finnish Services available: Tutorials, equipment rental, restaurant, accommodation Location: 40-minute drive from Kajaani airport Website: www.paltamogolf.fi Contact email & phone: info@paltamogolf.fi, +358 600 555 110

#### E-Fatbike Safari



The E-Fatbike safari will take you through a beautiful forest and hills of the Arctic Giant and Kivesvaara area. On a safari you will get to know Finnish nature and enjoy exciting moments on an E-Fatbike!

Season: Year-round on request Group product: min. 2, max. 10 Duration: 2–3 hours Languages: English, Finnish Services include: E-Fatbike, helmet, guiding, fresh drink and light snack Location: 20 minute drive from Paltamo railway station,

1 hour drive from Kajaani airport, 2 hour drive from Oulu airport, transportation available on request **Website:** www.arcticgiant.fi/en/activities

**Contact email & phone:** posti@arcticgiant.fi, +358 40 748 7391, +358 44 331 1799

#### **Hiking and Biking Trails**



Kajaani-Oulujärvi region is full of hiking and biking trails. You'll find the perfect trails varying from easy forest walks near the city to more challenging routes with camping opportunities. Try the hill trails in Pirunvaara or Pöllyvaara in Kajaani or Kivesvaara in Paltamo for amazing views – and uncover other gems in the area!

Season: Year-round Languages: Maps available in English Services available: Some trails are close to services. Depending on your choice of trail, there are campfire spots and some of them include firewood. Location: Kajaani-Oulujärvi region Website: www.visitkajaani.fi/en/see-and-experience/naturehiking-and-cycling Contact email & phone:

kajaani.info@kajaani.fi, +358 8 6155 2555

#### **Snowmobile Safari**



Dive through the snowy forests and beautiful scenery on a snowmobile, and experience the feeling of authentic Arctic nature! Snowmobile safari route is about 20–25 km for a variable winter trails. In the middle of the tour we stop by to take a hot beverage and light snacks. Good for the first-timers.

Season: November–April Group product: min. 2, max. 12 Duration: 2-3 hours Languages: English, Finnish Services include: Snowmobile, helmet, thermal clothing, guiding, warm drink and light snack Location: 20-minute drive from Paltamo railway station, 1-hour drive from Kajaani airport, 2-hour drive from Oulu airport, transportation available on request Website: www.arcticgiant.fi Contact email & phone: posti@arcticgiant.fi

Snowshoe Experience

+358 40 748 7391, +358 44 331 1799



The forest hill Akkovaara offers you a magnificent view over Lake Oulujärvi. Enjoy the nature and hear the quietness of the forest while snowshoeing on pure white snow. The snowshoe instructor will guide you through the trip and tells you about the surrounding nature. There is also time for a snack and hot drinks by the bonfire.

Season: Winter Group product: min. 3, max. 9

Duration: 2 hours Languages: English, Finnish Services include:

Snowshoes, snack and hot drinks, transport **Starting location:** Lake Oulujärvi, Rikulantie 10 **Website:** www.luonnollisesti.fi/en

Contact email & phone: info@luonnollisesti.fi, +358 50 340 3013

#### Ice Fishing



The snowy and quiet Lake Oulujärvi awaits you to experience the wonders of winter fishing. We take the snowmobile sleigh ride onto the lake and check the fishnets that are under the ice. During the trip, we'll also try our luck in ice fishing and stop for a snack and hot drinks on the gorgeous Ärjänsaari Island.

Season: Winter Group product: min. 2, max. 10 Duration: 2–3 hours Languages: English, Finnish Services include: Fishing equipment, snack and hot drinks Starting location: Lake Oulujärvi, Rikulantie 10 Website: www.luonnollisesti.fi/en Contact email & phone: info@luonnollisesti.fi +358 50 340 3013

#### Arctic Sleigh sauna and Hot Bathing Tub



A trip to Finland isn't complete without a sauna. Enjoy a truly unique arctic experience on the ice of Lake Oulujärvi in a sleigh sauna under millions of stars! The lucky ones get to admire the blazing colors of the northern lights. The sauna experience can be topped with a hot bathing tub and an ice hole tub.

Season: Winter Group product: max. 6 Duration: 2 hours Languages: English, Finnish Services include: Sauna, ice hole tub and pre-heated hot bathing tub. Transportation from the city is available. Location: Lake Oulujärvi, Rikulantie 10 Website: www.luonnollisesti.fi/en Contact email & phone: info@luonnollisesti.fi, +358 50 340 3013

#### Northern Light Tour



Northern Light tour starts at the Arctic Giant hotel where the group head to the Aurora camp fire hut. The guide will lead the group to the other side of the Arctic Giant area, which is a great place to take photos or observe the Northern Lights. Step under the starry sky in the middle of a winter wonderland, warm up in the Aurora camp and be ready when the show starts!

Season: November–April Languages: English, Finnish Services available:

Accommodation Arctic Giant, Restaurant Makuhelmi Location: 20-minute drive from Paltamo railway station, 1-hour drive from Kajaani airport, 2-hour drive from Oulu airport, transportation available on request Website: www.arcticgiant.fi

**Contact email & phone:** posti@arcticgiant.fi +358 40 748 7391, +358 44 331 1799

#### **Greeting Reindeer with Photo Opportunity**



Discover the life of reindeer and get to know them better. During this greeting visit you get to feed and photograph these amazing animals. It is a wonderful and unforgettable experience for all ages!

Season: January–April Group product: min. 8, max. 30 Duration: 1 hour Languages: English, Finnish Services include: Hot drinks Location: Pyörre Farm, 2 kilometres from Hotel Kajanus Website: www.hotelkajanus.fi/en/activities Contact email & phone: sales@peerahotels.fi, +358 10 230 5000

#### **Finding Father Christmas**



Have you seen Father Christmas? Where could we find him? We meet a Christmas Elf who guides us to see if he is at his summer cottage. While adults get a warm welcoming drink, children go to see what is happening upstairs. Finding Father Christmas includes a photo opportunity by a professional photographer.

Season: Year-round

Group product: min. 8, max. 30 Duration: 1 hour Languages: English, Finnish Services include: Photos and hot drinks Location: Pyörre Farm, 2 kilometres from Hotel Kajanus Website: www.hotelkajanus.fi/en/activities Contact email & phone: sales@peerahotels.fi, +358 10 230 5000

#### **Husky Experience**



Experience the husky ride and learn the basics of a husky driver. At beautiful Impilinna surroundings you'll enjoy the winter, snow and huskies. After the sledge ride, you'll enjoy warm drinks and bisquits and have a photo opportunity with beautiful huskies. This easy husky safari is suitable for all ages.

Season: Mid December–April Group product: min. 15, max. 30 Duration: 1 to 1,5 hours Languages: English, Finnish Services include: Hot drinks and bisquits, transportation from Hotel Kajanus Location: Pyörre Farm, 2 kilometres from Hotel Kajanus Website: www.hotelkajanus.fi/en/activities Contact email & phone: sales@peerahotels.fi, +358 10 230 5000

#### Café Onnikka

All pastries sold at the café are baked in Onnikka's own kitchen daily and you can find fresh delicious food for home and travel. The café also sells local products, such as juices and honey.

Location: By the Kajaani Travel Center, Vienankatu 9 Contact: onnikka@ktaoy.fi, +358 40 355 6107

#### Pekka Heikkinen Bakery and Café

This traditional bakery and café was founded in 1913 and it is an iconic part of Kajaani. Enjoy fresh bread, cakes, sweet and savory delicacies and coffee. The bakery's breads, baked in a wood-burning oven are known nation-wide!

Location: Kajaani city center, Välikatu 7 Contact: leipomo@pekkaheikkinen.fi +358 8 617 890

#### Kitchen & Bar Kajanus

Kitchen & Bar Kajanus serves local flavors in a cozy atmosphere by the Kajaani river. For groups and events we offer lunch and festive dinners for 300 pax.

Location: Kajaanin city center, at Hotel Kajanus, Koskikatu 3 Contact: sales@peerahotels.fi, +358 10 230 5000

#### **Pioppo Taproom & Eatery**

Lunch, Neapolitan style pizza and other specialties. In addition to the delicious food, the Taproom has 12 beer taps ready to serve beer from local and other small Finnish breweries.

Location:Kajaani city center, Koivukoskenkatu 17Contact:info@pioppo.fi, +358 44 242 8325

#### Paltamon Sydän

Admire the magnificent view of Lake Oulujärvi while enjoying tasty food, refreshments and coffee. The restaurant is open during summer season.

Location:Next to Paltamo Golf, Golftie 9Contact:info@paltamogolf.fi, +358 600 555 110

#### Restaurant Makuhelmi

Delicious local flavors in a beautiful atmosphere by the views from breakfast to dinner - and always with a full heart. Enjoy authentic Finnish cuisine with charming wild herbs, berries and mushrooms from the nearby forest. Also the special Robber's Roast dinner and lunch by the fire!

Location: Contact:

Arctic Giant, Paltamo, Kivesvaarantie 40 posti@arcticgiant.fi +358 40 748 7391, +358 44 331 1799





#### **Restaurant Rosso**

Rosso is an Italian restaurant with antipasti, tasty pizzas, modern pasta classics, lovely wines and delicious desserts. It also serves lunch on weekdays. The restaurant is passionate about spending joyful time together while enjoying good food.

Location: Contact: Kajaani city center, Kauppakatu 30 sales.kajaanivuokatti@sokoshotels.fi +358 10 763 7000

#### **Restaurant Ranch**

Good food and drinks and relaxed but proficient service. Ranch serves Finnish flavors that come in big and high-quality portions, made with fresh ingredients. Tasty lunch and versatile á la carte menu with dishes for the whole family.

Location:Kajaani city center, Kauppakatu 26Contact:asiakaspalvelu@ranch.fi, +358 8 636 696

#### **Restaurant Wu Kong**

Delicious Asian food, including a large variety of different sushis and warm wok options. The restaurant is located in the historical library building in Kajaani. Come in and enjoy the comfortable atmosphere!

Location: Contact:

: Kajaani city center, Brahenkatu 3 ravintolawukong@gmail.com +358 50 362 5638

#### Wanha Kerho

Delicious lunch and à la carte dishes, bakery and catering under the same roof. Enjoy simple home cooking at Wanha Kerho in the milieu of a museum building that is over 100 years old.

Location: Kajaani Contact: ravintol +358 50

Kajaani city center, Kauppakatu 40 ravintolawanhakerho@gmail.com +358 50 366 8511

#### **Restaurant Sulo**

Restaurant Sulo food and wine attracts you to enjoy delicacies from a charcoal oven. Whether you come to dinner with your family, for a cup of coffee while shopping or for drinks when you are starting your night out, you can find it all under one roof in Sulo.

Location: Kajaani city center, next to Original Sokos Hotel Valjus Contact: sales.kajaanivuokatti@sokoshotels.fi +358 10 763 7051

#### Wine Bar Térapija

Cozy wine bar Térapija offers high-quality wines, tasty tapas and cocktails with a twist made with fresh herbs, fruit, freshly squeezed juices and syrups made at the restaurant. Pop in for a glass of wine and enjoy the relaxed atmosphere.

Location: Contact:

Kajaani city center, Kauppakatu 15 terapijaviinibaari@gmail.com +358 50 543 8236





#### ACCOMODATION

#### Original Sokos Hotel Valjus



Original Sokos Hotel Valjus is a cozy city hotel located in the heart of Kajaani and close to all services and beautiful Kajaani river landscapes. Most of the hotel rooms have been renovated in the last few years and we offer also themed rooms and suites. All rooms are equipped with cooling ventilation. We have been awarded the Green Key certificate and the Sustainable Travel Finland label for our commitment to sustainability.

Season: Year-round Capacity: Total 97 hotel rooms Languages: English, Finnish

**Services:** Daily breakfast, gym, sauna, optional HB, Free WiFi **Location:** In the city centre, 12-minute drive from Kajaani airport, transportation available on request

**Website:** www.sokoshotels.fi/en/hotels/kajaani/original-sokos-hotel-valjus

#### Contact email & phone:

sales.kajaanivuokatti@sokoshotels.fi, +358 10 782 1000

#### **Arctic Lake Experience**



Enjoy a night in an igloo over the Arctic Lake. Arctic Lake Experience offers you a unique experience - a romantic night in a floating glass igloo. Our destination is located by the shore of peaceful Arctic Lake Oulujärvi. With no light pollution you can enjoy the magic of northern nights and auroras.

Season: Year-round Capacity: 2 igloos for 2 people Languages: English, Finnish Services available: Breakfast served to the igloo, Arctic Lake Dinner served to the igloo, Finnish Sauna Experience, Sauna on ice in wintertime, activities on Lake Oulujärvi: Snowmobile Sledgeride, Winterfishing, Snowshoeing, Boat ride to Ärjänsaari island in the summer, Free WiFi Location: 30-minute drive from Kajaani airport, transportation available on request Website: www.arcticlakeexperience.com Contact email: info@arcticlakeexperience.com

#### Hotel Kajanus



Hotel Kajanus offers comfortable hotel accommodation in beautiful river scenary close to nature and Kajaani city centre. Spa Kaukavesi and Kaukametsä congress centre are next to the hotel. Our hotel has 181 rooms and over 40 rooms are equipped with saunas. Our accommodation includes the copious breakfast and also free access to gym.

#### Season: Year-round

Capacity: Total 181 hotel rooms with 429 beds Languages: English, Finnish Services: Daily breakfast, optional HB, Free WiFi Location: 10-minute drive from Kajaani airport, transportation available on request Website: www.hotelkajanus.fi Contact email & phone: sales@peerahotels.fi, +358 10 230 5400

#### **Manor House Hotel Karolineburg**



Welcome to the northernmost manorhouse in Finland! Karolineburg was built in 1836 and offers unique accommodation in three buildings all within the fenced grounds of the protected Manor. All of our rooms come with a TV, a kettle with coffee/tea sets, and a bathroom/WC, with most also featuring a private sauna! Kajaani city centre, river and the old Kajaani castle ruins are just a short walk from the manorhouse.

#### Season: Year-round

**Capacity:** 20 rooms (9 manor rooms, 11 standard rooms) **Languages:** English, Finnish

Services: Manor breakfast, private group dinners, events + transportation available on request, Free WiFi Location: 10-minute drive from the airport Website: www.karolineburg.fi Contact email & phone: sales@peerahotels.fi, +358 10 230 5400

#### **Arctic Giant**



Hotel description: Arctic Giant is a Finnish family business, and our unique resort is located high on a hilltop by the stunning views. We offer luxurious hilltop accommodation: the perfect place to pause by the wonderful landscapes and experience the beauty of nature in all seasons. Relax in a warm outdoor jacuzzi under the northern sky and enjoy slow mornings in a comfortable bed by the views.

#### Season: Year-round

**Capacity:** 16 accommodation unites, 34 beds **Languages:** English, Finnish

**Services:** Restaurant Makuhelmi, Arctic Giant Safaris Location: 20-minute drive from Paltamo railway station, 1-hour drive from Kajaani airport, 2-hour drive from Oulu airport, transportation available on request, Free WiFi **Website:** www.arcticgiant.fi

#### Contact email & phone:

posti@arcticgiant.fi, +358 40 748 7391, +358 44 331 1799

#### Kainuun Meri



Kainuun Meri offers a unique accommodation experience where cozy ambiance meets modern comfort. Whether you are a nature enthusiast, a peace-seeking vacationer or a business traveler, you'll find the perfect retreat from everyday hustel and bustel with us.

Season: Year-round Capacity: Cottages, vacation homes, caravan and tent places Languages: English, Finnish Services: Eighing, baseb sauna, benfire spots

**Services:** Fishing, beach sauna, bonfire spots, caravan site with facilities and rental rowboats and canoes – inquire more! Free WiFi

**Location:** 23-minute drive from Kajaani airport **Website:** www.kainuunmeri.fi/en

#### Contact email & phone:

info@kainuunmeri.fi, +358 45 2051 940

#### Kotolinna



Kotolinna offers guests an old-timey atmosphere with modern comfort and inspiring facilities for remote work, parties and meetings along the River Kiehimänjoki near Lake Oulujärvi.

Season: Year-round

Capacity: Book a single room, floor or the entire house Languages: English, Finnish Services: Breakfast, indoor sauna, outdoor sauna, hot tub, rental sports equipment, Free WiFi Location: 3-minute drive from Paltamo railway station, 39-minute drive from Kajaani airport Website: www.kotomo.fi Contact email & phone: info@kotomo.fi, +358 44 357 8828

#### Hotel Kajaani



Hotel Kajaani serves business and leisure travelers next to soothing natural landscapes. Water and greenery open up around the hotel, and all the city's services are still within walking distance.

Season: Year-round Capacity: 53 rooms Languages: English, Finnish Services: Daily breakfast, evening sauna every day, free parking and possibility to use beauty and wellness services, Free WiFi Location: 15-minute drive from Kajaani airport, 20-minute walk to center of Kajaani Website: www.hotellikajaani.fi Contact email & phone: myynti@hotellikajaani.fi, +358 41 730 1452

# Suggested Programs

for 5 days Summer and Winter Breaks in the Kajaani-Oulujärvi Region



## **Summer,** Culture and Lakeside Activities, 5 days trip

#### Day 1: Arrival

Flight to Kajaani airport via Helsinki, transfer to your accommodation. Check-in and time to explore the accommodation. Perhaps a dinner with local flavors at the hotel or in the city center. The Finnish summer nights are full of light, so you might enjoy a drink on a summer terrace.

#### Day 2: History and Art Day

Your day starts with a guided history tour with Kajaani Tourist Guides. During this tour you are guided through the streets of Kajaani and you hear about the fascinating people and events that the city has witnessed. After the tour you have time for a nice lunch in one of the restaurants in the city center. The Kajaani Art Museum is your next destination - entry is free and you can either go through the rooms by yourself or book a guided tour. The Art Museum's building is an old police station and a functionalistic work of art itself. After the Art Museum you can stop for a cup of coffee before heading to the last stop of the day: Kainuu Museum. Entry is free here as well and there are two exhibitions: the basic one that introduces you to the region's history and another exhibition that changes a few times a year. You can book a guided tour or go by yourself.

#### Day 3: Paltaniemi Day

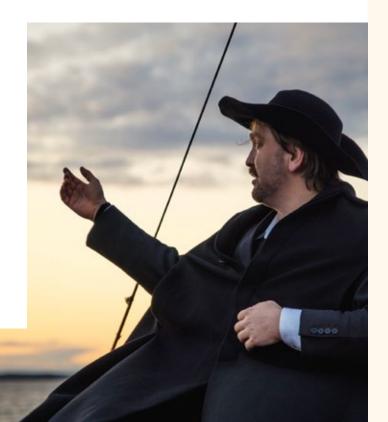
Paltaniemi is a lovely village 10 kilometers from the Kajaani city center. You visit the Paltaniemi Old Church, a 300-year-old church that is famous for its ceiling paintings. In the summer, there are guides at the church during its opening times. Next, you visit the Eino Leino House, which is only a hundred meters from the church. You can sit for a coffee and a snack and learn about the national poet of Finland. After this cozy stop, you continue to the Paltaniemi beach. You can swim, enjoy the sun or just admire the great Lake Oulujärvi. When it is time to return to the city center, you can go for a late leisurely lunch in one of the restaurants. In the evening you go to a steamship cruise on the 100-year-old steamship Kouta, that takes you on a time travel trip through the scenery of River Kajaaninjoki, that has inspired artists and poets through the centuries.

#### Day 4: Ärjänsaari Island Adventure

The paradise-like Ärjänsaari Island is your destination today. The motorboat transportation waits for you at Ruunaniemi port, which is 20 kilometers from the Kajaani city center. Then it takes only 10 minutes to reach the island by boat. You have the whole day to admire the clear blue waters, stunning sandy beaches and magnificent green forests. You can go swimming, kayaking or stand-up paddleboarding, fishing, trail running – or just enjoy the beauty of Northern nature. The mystical Ärjänsaari Island has also a colorful history as a rite site for Sámi people and a base of lake pirates.

#### Day 5: Kayaking on Lake Nuasjärvi

On the last day of your trip, you go kayaking on Lake Nuasjärvi. The guided trip starts from Pyörre Farm where you get the equipment and instructions. You follow along the shores and head towards Rehjansaari Island. You go around the island and then stop to take a break by the bonfire before returning to Pyörre Farm. On the way back you paddle through the historic Hunger Canal of Kajaani. After this trip you have time to go for a late lunch in the city center and walk around or do some last-minute shopping before returning to your accommodation and heading towards new adventures.





### Enjoy Finnish **Winter Wonderland** and Culture Experiences, 5 days trip

#### Day 1: Arrival

Flight to Kajaani airport via Helsinki, transfer to your accommodation. Check-in and time to explore the accommodation. Enjoy a late dinner with local flavors at the hotel or in the city center.

#### Day 2: Snowy Lakeside Activities

Your day starts with breakfast at the hotel. Then it's time to head out for a snowshoeing trip. You are transported to the Lake Oulujärvi shore where you hop in a sleigh pulled by a snowmobile. The sleigh ride takes you across the icy lake to the Ärjänsaari Island where you get your snowshoes and take a walk in the snowy, fairytale-like forest. There you enjoy a nice lunch and hot drinks by the campfire. You can make a whole day of it and add ice fishing and arctic sauna with hot tub to this trip. Once you get back to the city, you go for dinner in the city center and spend the evening relaxing.

#### Day 3: Culture and History Day

Today you learn more about the culture and history of Kajaani. The walking tour with Kajaani Tourist Guides takes you through the streets, sights and stories of the city. After the tour you go for lunch and continue on to either Kajaani Art Museum or Kainuu Museum, depending on whether you are more interested in art or history. Then you have some leisure time that you can spend shopping, sitting down in a café or just enjoying the city vibes. Later in the evening you go to Kajaani City Theatre to see a play or to Kaukametsä Culture Centre for a concert.

#### Day 4: Huskies, Reindeer and Northern Lights

In the morning you visit the Pyörre Farm. There are huskies ready to take you on a sleigh ride through the snowy fields. After the exciting ride you can pat the huskies and also greet the reindeer! Then it's time to pack your bags and travel to Paltamo, 40 kilometers north from Kajaani. You explore the accommodation and its beautiful surroundings. You have a dinner with local flavors and a local wine tasting before the latetime northern lights tour.

#### Day 5: Snowmobile Safari and Sauna

It's time to go on a snowmobile safari! This safari runs through magnificent snowy forests and you get to admire the landscape from a hill. If you are feeling a bit chilly after the safari, you can go to sauna – and the most adventurous may dive into the snow. Enjoy a good late lunch and spend some time relaxing before continuing your journey to new destinations.

MORE INFORMATION: viestinta@kajaani.fi, +358 40 640 2370



### visitkajaani.fi



**Photos:** Ahmed Alalousi, Andy Homerson, B2B, Damon Beckford, Daniel Taipale, Eija Homanen, Henri Karjalainen, Ia Samoil, Jami Ivanoff, Johanna Korhonen, Jonna Kallunki, Juha Väisänen, Kuvakeskus Hynninen, Milja Korhonen, Minna Hyvönen, Samu Rytkönen, Veera Uutinen

Arctic Giant, Arctic Giant Restaurant Makuhelmi, Arctic Lake Experience, Arctic Lakeland, City of Kajaani, Hotel Kajaani, Kainuun Meri, Kainuu Museum, Kajaani Art Museum, Kajaani Tourist Guides, Kotolinna/Kotomo, Luonnollisesti Oulujärvi, Meteli seis ry/Toy Museum Children of Yesterday & Toys Played With, Original Sokos Hotel Valjus, Paltamo municipality, Pioppo Taproom & Eatery, Peerâ Hotels, Restaurant Ranch, Restaurant Sulo, Riihipiha museum, Seminaari Art Campus, Vaara-kollektiivi, Wine Bar Térapija